

# IV CARREIRA PEDESTRE DO CONCELLO DE MALPICA, Malpica de Bergantiños 07/09/2019

PROBA DE 9K. Distancia: 8.900 m



IV CARREIRA PEDESTRE  
CONCELLO DE MALPICA

Sábado 7 setembro 2019

| Pto | Dorsal | Nome                             | Sx   | PtoCat   | T_Oficial | RitmoKm  | Km 5,5   | Licenza    | Club                                | Localidade             |
|-----|--------|----------------------------------|------|----------|-----------|----------|----------|------------|-------------------------------------|------------------------|
| 1   | 26     | JUAN ALVAREZ CURES               |      | V40M- 1  | 00:32:21  | 00:03:39 | 00:20:51 | AG2024419  | O PINO                              | CARBALLO               |
| 2   | 1      | RUBEN INSUA DIAZ                 |      | SNM- 1   | 00:32:25  | 00:03:39 | 00:20:56 | AG-2023812 | SAR-VERMU PETRONI                   | FISTERRA               |
| 3   | 40     | FRANCISCO PAIS FONDO             |      | SNM- 2   | 00:33:42  | 00:03:48 | 00:21:42 |            |                                     | CAMARIÑAS              |
| 4   | 52     | LUIS MIGUEL ANTELO LEMA          |      | V40M- 2  | 00:34:36  | 00:03:54 | 00:22:30 | AG2019278  |                                     | VIMIANTO               |
| 5   | 101    | VICTOR DOMINGUEZ BARBEITO        |      | V40M- 3  | 00:34:55  | 00:03:56 | 00:22:50 |            | A.D. MEDIADUCIA                     | CARBALLO               |
| 6   | 28     | JOSÉ ANTONIO SEÑARÍS PARDO       |      | V40M- 4  | 00:35:17  | 00:03:58 | 00:22:54 |            | RUNNERS CARBALLO                    | CARBALLO               |
| 7   | 69     | ALBERTO VILLAR GARCIA            |      | SNM- 3   | 00:35:43  | 00:04:01 | 00:23:16 |            |                                     | CARBALLO               |
| 8   | 14     | KIKO LAGO SANTIAGO               |      | V40M- 5  | 00:35:45  | 00:04:01 | 00:23:16 |            | ASOCIACION DEPORTIVA OLIMPIA        | BRENS CEE              |
| 9   | 5      | CARLOS ELISEO AÑON CEAN          |      | SNM- 4   | 00:36:21  | 00:04:05 | 00:23:14 |            | A.D.MEDIADUCIA                      | BUÑO                   |
| 10  | 27     | MARCIAL ANIBAL BARCA ESPAÑA      |      | SNM- 5   | 00:36:26  | 00:04:06 | 00:23:54 | AG2027730  | O PINO                              | CORISTANCO             |
| 11  | 22     | JOSE BUJAN GONZALEZ              |      | V40M- 6  | 00:36:59  | 00:04:10 | 00:23:59 |            | CLUBE ATLETISMO OUTES - JOHN TURKEY | OUTES                  |
| 12  | 29     | JOSÉ CARLOS PEREIRA REY          |      | V50M- 1  | 00:37:36  | 00:04:14 | 00:24:19 |            | RUNNIG ARTEIXO                      | ARTEIXO                |
| 13  | 32     | FÉLIX ROGET PÉREZ                |      | SNM- 6   | 00:38:25  | 00:04:19 | 00:24:58 |            | TERRA DE SONEIRA C.D.               | VIMIANTO               |
| 14  | 61     | ANTONIO CORRAL                   |      | SNM- 7   | 00:38:51  | 00:04:22 | 00:25:38 |            |                                     | A CORUÑA               |
| 15  | 105    | MARCOS ORDOÑEZ RODRIGUEZ         |      | V40M- 7  | 00:39:23  | 00:04:26 | 00:25:33 |            | SAUNIER DUVAL                       | MALPICA DE BERGANTIÑOS |
| 16  | 47     | RAMÓN ANTONIO VARELA MÍGUEZ      |      | V50M- 2  | 00:39:50  | 00:04:29 | 00:26:02 |            |                                     | A CORUÑA               |
| 17  | 6      | ALBERTO POMBO PERISCAL           |      | SNM- 8   | 00:40:27  | 00:04:33 | 00:26:31 |            | A.D.MEDIADUCIA                      | CARBALLO               |
| 18  | 58     | MARTIN SANTOS SUAREZ             |      | SNM- 9   | 00:40:39  | 00:04:34 | 00:26:31 |            |                                     | LAXE                   |
| 19  | 68     | JOSE ANTONIO GIL BREA            |      | V50M- 3  | 00:40:40  | 00:04:35 | 00:26:04 |            |                                     | SANTIAGO DE COMPOSTELA |
| 20  | 118    | SUSO PENSADO FIGUEIRAS           |      | V40M- 8  | 00:40:40  | 00:04:35 | 00:27:33 |            |                                     | CABOVILAÑO-A LARACHA   |
| 21  | 106    | AITOR MARTINEZ                   |      | V40M- 9  | 00:40:47  | 00:04:35 | 00:25:45 |            | SISARGAS CAMPING                    | TALAUVERUELA           |
| 22  | 141    | GONZALO ALVAREZ PORTEIRO         |      | SNM- 10  | 00:40:55  | 00:04:36 | 00:26:17 |            |                                     | VILLARODRIS-ARTEIXO    |
| 23  | 130    | MARTIN GARCIA BALEBONA           |      | SNM- 11  | 00:41:04  | 00:04:37 | 00:26:13 |            |                                     | AMES                   |
| 24  | 36     | RAMÓN VILLAR RUIBAL              |      | V50M- 4  | 00:41:16  | 00:04:39 | 00:26:38 | GA766004   | VERXEL NUTRICIÓN DEPORTIVA          | A CORUÑA               |
| 25  | 9      | DIONISIO FABIÁN GONZÁLEZ         |      | V50M- 5  | 00:41:27  | 00:04:40 | 00:26:53 |            | A.D.OLIMPIA                         | CEE                    |
| 26  | 54     | ADRIÁN GARCÍA ROMAR              |      | SNM- 12  | 00:41:40  | 00:04:41 | 00:26:53 |            |                                     | A CORUÑA               |
| 27  | 2      | NATALIA RIVAS SUÁREZ             | F- 1 | V40F- 1  | 00:42:20  | 00:04:46 | 00:27:25 | AG2027731  | CLUB ATLETISMO O PINO               | CARBALLO               |
| 28  | 124    | JESÚS CASTRO GONZÁLEZ            |      | V40M- 10 | 00:42:22  | 00:04:46 | 00:27:16 |            |                                     | CARBALLO               |
| 29  | 113    | HÉCTOR LUIS SANTOS LÓPEZ         |      | SNM- 13  | 00:42:28  | 00:04:47 | 00:26:45 |            |                                     | SADA                   |
| 30  | 56     | JOSE LUIS PÉREZ LADO             |      | SNM- 14  | 00:42:33  | 00:04:47 | 00:27:35 |            |                                     | A CORUÑA               |
| 31  | 49     | LAURA NÚÑEZ NAVEIRA              | F- 2 | V40F- 2  | 00:42:43  | 00:04:48 | 00:27:49 | AG 2018802 |                                     | A CORUÑA               |
| 32  | 19     | ADOLFO GARCÍA ALONSO             |      | V40M- 11 | 00:42:45  | 00:04:49 | 00:27:33 |            | BEER RUNNERS CORUÑA                 | A CORUÑA               |
| 33  | 64     | PERFECTO VÁZQUEZ RIVERA          |      | SNM- 15  | 00:42:48  | 00:04:49 | 00:27:25 |            |                                     | A CORUÑA               |
| 34  | 8      | MARTINA TASENDE ANDRADE          | F- 3 | SNF- 1   | 00:42:49  | 00:04:49 | 00:27:49 |            | A.D.MEDIADUCIA                      | CARBALLO               |
| 35  | 10     | JOSE BERMUDEZ VARELA             |      | V50M- 6  | 00:42:56  | 00:04:50 | 00:27:49 |            | AD MEDIADUCIA                       | CARBALLO               |
| 36  | 4      | ALBERT CARBALLAL IGLESIAS        |      | SNM- 16  | 00:43:21  | 00:04:53 | 00:28:33 |            | A.D.MEDIADUCIA                      | LALIN                  |
| 37  | 126    | EMILIO CALVO DOLDAN              |      | V40M- 12 | 00:43:25  | 00:04:53 | 00:28:20 |            |                                     | BUÑO                   |
| 38  | 12     | BENITO PIÑEIRO ABEIJON           |      | V40M- 13 | 00:43:28  | 00:04:53 | 00:29:13 |            | AGRUPACION DEPORTIVA ATLETES        | ESTEIRO                |
| 39  | 7      | JOSE FERNANDO PARDIÑO BUSTO      |      | V40M- 14 | 00:43:33  | 00:04:54 | 00:28:15 |            | A.D.MEDIADUCIA                      | CARBALLO               |
| 40  | 120    | VICTOR PARDIÑAS DE VERA          |      | SNM- 17  | 00:43:34  | 00:04:54 | 00:28:16 |            |                                     | MALPICA DE BERGANTIÑOS |
| 41  | 33     | PAULA TRILLO CALO                | F- 4 | SNF- 2   | 00:43:35  | 00:04:54 | 00:28:21 | AG 2022634 | TERRA DE SONEIRA C.D.               | VIMIANTO               |
| 42  | 111    | JOSÉ CARLOS RODRÍGUEZ CAAMAÑO    |      | V50M- 7  | 00:44:02  | 00:04:57 | 00:28:40 |            |                                     | A LARAHCA              |
| 43  | 140    | PABLO VIDAL FERREÑO              |      | V50M- 8  | 00:44:04  | 00:04:58 | 00:29:04 |            |                                     | BETANZOS               |
| 44  | 45     | MANUEL INSUA INSUA               |      | V50M- 9  | 00:44:09  | 00:04:58 | 00:29:09 |            |                                     | FISTERRA               |
| 45  | 71     | JOSE MANUEL MARTINEZ LEMA        |      | V40M- 15 | 00:44:26  | 00:05:00 | 00:29:01 |            |                                     | A CORUÑA               |
| 46  | 133    | ADRIÁN ALEJANDRO BLANCO MAGALLAN |      | V40M- 16 | 00:44:55  | 00:05:03 | 00:29:10 |            |                                     | CARBALLO               |

|     |     |                                |       |          |          |          |          |            |                                     |
|-----|-----|--------------------------------|-------|----------|----------|----------|----------|------------|-------------------------------------|
| 47  | 122 | VICTOR SUAREZ IGLESIAS         |       | SNM- 18  | 00:45:07 | 00:05:05 | 00:29:12 |            | LARACHA                             |
| 48  | 131 | CARLOS DIAZ CORRAL             |       | V50M- 10 | 00:45:12 | 00:05:05 | 00:29:02 |            | FERROL                              |
| 49  | 30  | JUAN JOSE CUNS CARREIRA        |       | V40M- 17 | 00:45:12 | 00:05:05 | 00:29:33 |            | RUNNING ARTEIXO                     |
| 50  | 3   | ALICIA GARCÍA CRUZ             | F- 5  | V40F- 3  | 00:45:29 | 00:05:07 | 00:29:21 |            | A D.OLIMPIA                         |
| 51  | 21  | FRANCISCO MANUEL ABEIJON COSTA |       | V40M- 18 | 00:45:32 | 00:05:07 | 00:29:31 |            | CLUB DE ATLETISMO OUTES             |
| 52  | 17  | MARIA JOSÉ GROBAS GARABOA      | F- 6  | V40F- 4  | 00:45:58 | 00:05:10 | 00:29:46 |            | ATLETISMO BOIMORTO                  |
| 53  | 44  | XOSE MANUEL LAMAS POSE         |       | V40M- 19 | 00:46:00 | 00:05:11 | 00:28:39 |            | BURELA                              |
| 54  | 119 | DANIEL ANTELO MONTES           |       | V40M- 20 | 00:46:00 | 00:05:11 | 00:30:00 |            | CARBALLO                            |
| 55  | 60  | MARCOS FERREIRO VARELA         |       | V40M- 21 | 00:46:12 | 00:05:12 | 00:29:55 |            | MALPICA                             |
| 56  | 46  | ÁNGEL JUVIÑO PREGO             |       | V40M- 22 | 00:46:47 | 00:05:16 | 00:30:06 |            | ARTEIXO                             |
| 57  | 67  | JOSÉ MANUEL PÉREZ VEIGA        |       | SNM- 19  | 00:46:47 | 00:05:16 | 00:30:07 |            | VALDOVIÑO                           |
| 58  | 102 | JOSE TOMAS VALES MALLO         |       | V40M- 23 | 00:47:10 | 00:05:18 | 00:29:48 |            | A.D.MEDIADUCIA                      |
| 59  | 59  | JUAN CARLOS DOMATO VERDÍA      |       | SNM- 20  | 00:47:20 | 00:05:20 | 00:30:23 |            | ARTEIXO                             |
| 60  | 103 | VALENTIN SOUTO CANDAL          |       | V40M- 24 | 00:47:21 | 00:05:20 | 00:30:32 |            | CLUB NATACIÓN ORDES                 |
| 61  | 24  | MAXIMINO LAGARES CARRO         |       | V40M- 25 | 00:47:21 | 00:05:20 | 00:30:10 |            | ESPRINTES OURENSE                   |
| 62  | 104 | FRANCISCO CABANAS SANCHEZ      |       | SNM- 21  | 00:47:27 | 00:05:20 | 00:30:16 |            | NOSPORTLIMIT                        |
| 63  | 16  | VÍCTOR HUGO CONDE LÓPEZ        |       | V40M- 26 | 00:47:47 | 00:05:23 | 00:31:27 | AG2025735  | ASOCIACIÓN DEPORTIVA OLIMPIA        |
| 64  | 15  | JOSÉ MANUEL BLANCO NOVO        |       | V40M- 27 | 00:48:12 | 00:05:25 | 00:31:10 |            | ASOCIACIÓN DEPORTIVA OLIMPIA        |
| 65  | 137 | MANUEL ISORNA FOLGAR           |       | V50M- 11 | 00:48:24 | 00:05:27 | 00:31:12 |            | CATOIRA                             |
| 66  | 48  | IGNACIO RODRIGUEZ              |       | V40M- 28 | 00:48:31 | 00:05:27 | 00:30:42 |            | SANTIAGO DE COMPOSTELA              |
| 67  | 63  | VÍTOR RECAEI AÑÓN              |       | SNM- 22  | 00:48:45 | 00:05:29 | 00:31:35 |            | CARBALLO                            |
| 68  | 117 | VENERANDO VALIÑA               |       | V40M- 29 | 00:48:47 | 00:05:29 | 00:31:53 |            | A LARACHA                           |
| 69  | 11  | IRIA LAGO ANDRADE              | F- 7  | SNF- 3   | 00:48:47 | 00:05:29 | 00:31:55 |            | AD.OLIMPIA                          |
| 70  | 115 | EDGAR GIL VARELA               |       | SNM- 23  | 00:49:18 | 00:05:33 | 00:31:46 |            | CABANA DE BERGANTIÑOS               |
| 71  | 112 | JOSÉ ANTONIO AÑÓN COSTA        |       | V40M- 30 | 00:50:13 | 00:05:39 | 00:33:20 |            | CORISTANCO                          |
| 72  | 136 | MANUEL BASOA RODRIGUEZ         |       | SNM- 24  | 00:50:39 | 00:05:42 | 00:32:49 |            | FENE                                |
| 73  | 31  | PEDRO PETEIRO ROSENDE          |       | V40M- 31 | 00:51:52 | 00:05:50 | 00:33:35 | AG 2016168 | RUNNING OLEIROS                     |
| 74  | 25  | MIGUEL MATO OUTEIRO            |       | SNM- 25  | 00:51:58 | 00:05:51 | 00:33:18 |            | MESOIRO RUUNIG                      |
| 75  | 39  | JOSE FIGUEIRAS MARTÍNEZ        |       | SNM- 26  | 00:52:05 | 00:05:52 | 00:32:09 |            | BAIO                                |
| 76  | 114 | MANUEL FARIÑA FACAL            |       | V50M- 12 | 00:52:05 | 00:05:52 | 00:33:34 |            | MALPICA DE BERGANTIÑOS              |
| 77  | 50  | ROBERTO FIGUEROA SUÁREZ        |       | V50M- 13 | 00:52:29 | 00:05:54 | 00:33:41 |            | ARTEIXO                             |
| 78  | 41  | XOSE RAMON LOPEZ TOJA          |       | V50M- 14 | 00:52:35 | 00:05:55 | 00:33:53 |            | CARRAL                              |
| 79  | 42  | CARMEN GARCIA GARCIA           | F- 8  | V50F- 1  | 00:52:54 | 00:05:57 | 00:34:45 |            | A CORUÑA                            |
| 80  | 65  | ARTURO RABUÑAL VAZQUEZ         |       | V50M- 15 | 00:52:54 | 00:05:57 | 00:34:44 |            | MEICENDE                            |
| 81  | 138 | MARIA JOSE SANCHEZ VAZQUEZ     | F- 9  | V50F- 2  | 00:53:16 | 00:06:00 | 00:35:13 |            | BETANZOS                            |
| 82  | 43  | JAVIER FARIÑA PÉREZ            |       | V40M- 32 | 00:53:40 | 00:06:02 | 00:34:41 |            | MALPICA DE BERGANTIÑOS              |
| 83  | 18  | PILAR VAZQUEZ FEBRERO          | F- 10 | SNF- 4   | 00:54:17 | 00:06:06 | 00:34:54 |            | BEER RUNNERS CORUÑA                 |
| 84  | 110 | MARÍA JOSÉ CASAL CAMBÓN        | F- 11 | V40F- 5  | 00:54:27 | 00:06:07 | 00:35:31 |            | LARACHA                             |
| 85  | 23  | SERGIO CALVO                   |       | V40M- 33 | 00:55:17 | 00:06:13 | 00:35:44 |            | CLUBE ATLETISMO OUTES - JOHN TURKEY |
| 86  | 62  | MARÍA DEL CARMEN TRILLO GRILLE | F- 12 | SNF- 5   | 00:55:17 | 00:06:13 | 00:35:40 |            | DUMBRÍA                             |
| 87  | 66  | XOSÉ MANUEL CANCELA GARCÍA     |       | V40M- 34 | 00:56:44 | 00:06:23 | 00:35:26 |            | MALPICA                             |
| 88  | 125 | FCO JOSE CASAL VERDES          |       | V40M- 35 | 00:57:07 | 00:06:25 | 00:34:29 |            | MALPICA                             |
| 89  | 129 | EDUARDO GARCIA SANTIAGO        |       | V50M- 16 | 00:58:46 | 00:06:37 | 00:37:28 |            | A LARACHA                           |
| 90  | 20  | JOSE VARELA VERDES             |       | V40M- 36 | 00:58:46 | 00:06:37 | 00:35:49 |            | BEER RUNNERS CORUÑA                 |
| 91  | 35  | JUAN JOSÉ ÍNSUA LOURO          |       | V50M- 17 | 01:00:26 | 00:06:48 | 00:37:58 |            | VAL DO DUBRA                        |
| 92  | 57  | JOSE MANUEL GARCÍA CACABELOS   |       | V50M- 18 | 01:19:04 | 00:08:54 | 00:50:27 |            | A CORUÑA                            |
| 93  | 127 | MARÍA CASTRO CASTRO            | F- 13 | SNF- 6   | 01:26:53 | 00:09:46 | 00:50:34 |            | PONTECESO                           |
| 94  | 128 | CARMEN ROSARIO AMARELLE FELIPE | F- 14 | V40F- 6  | 01:26:54 | 00:09:46 | 00:50:36 |            | PONTECESO                           |
| 95  | 132 | ANA CARBALLIDO GARCIA          | F- 15 | V40F- 7  | 01:26:54 | 00:09:46 | 00:50:36 |            | PONTECESO                           |
| DSQ | 38  | ANGEL GARCÍA SANTOS            |       |          |          |          |          |            | CANDUAS, CABANA DE BERGANTIÑOS      |
| DSQ | 123 | MARIA JESUS ORGEIRA REY        |       |          |          |          |          |            | TORDOIA                             |

#### IV CARREIRA PEDESTRE DO CONCELLO DE MALPICA, Malpica de Bergantiños 07/09/2019

INFANTIL - CADETE. Distancia: 2.000 m

| Pto | Dorsal | Nome                           | Sx   | PtoCat  | T_Oficial | RitmoKm  | Licenza | Club                                   | Localidade             |
|-----|--------|--------------------------------|------|---------|-----------|----------|---------|--|------------------------|
| 1   | 257    | JOSÉ MANUEL NEGREIRA ABELENDIA |      | INFM- 1 | 00:07:43  | 00:03:52 |         | ATLÉTISMO CARBALLO                     | CARBALLO               |
| 2   | 256    | ANXO BELLO RODRÍGUEZ           |      | INFM- 2 | 00:08:17  | 00:04:09 |         | ATLETISMO CARBALLO                     | CORISTANCO             |
| 3   | 255    | BERKET LÓPEZ                   |      | INFM- 3 | 00:08:20  | 00:04:10 |         | ATLETISMO CARBALLO                     | CARBALLO               |
| 4   | 250    | SONIA CANOSA GARCÍA            | F- 1 | INFF- 1 | 00:09:10  | 00:04:35 |         | A.D.OLIMPIA                            | CEE                    |
| 5   | 260    | MATEO CASTRO SOUTO             |      | INFM- 4 | 00:09:12  | 00:04:36 |         |  | CARBALLO               |
| 6   | 252    | JULIA SALVADO DIEGUEZ          | F- 2 | INFF- 2 | 00:09:33  | 00:04:47 |         | ACADE (ASOCIACIÓN DE CANS DEPORTISTAS) | SANTIAGO DE COMPOSTELA |
| 7   | 264    | ALBA ISORNA FELPETO            | F- 3 | INFF- 3 | 00:09:44  | 00:04:52 |         |  | CATOIRA                |
| 8   | 258    | ASDRÚBAL BARCA RIVAS           |      | INFM- 5 | 00:10:23  | 00:05:12 |         |  | CARBALLO               |
| 9   | 254    | XIANA LAGO ANDRADE             | F- 4 | CDTF- 1 | 00:11:17  | 00:05:39 |         | ASOCIACIÓN DEPORTIVA OLIMPIA           | BRENS CEE              |
| 10  | 251    | ALEJANDRA CANOSA GARCÍA        | F- 5 | CDTF- 2 | 00:12:01  | 00:06:01 |         | A.D.OLIMPIA                            | CEE                    |
| 11  | 261    | BRAIS CASAL FERRE              |      | INFM- 6 | 00:13:54  | 00:06:57 |         |  | MALPICA                |

#### IV CARREIRA PEDESTRE DO CONCELLO DE MALPICA, Malpica de Bergantiños 07/09/2019

ALEVIN. Distancia: 1.250 m

| Pto | Dorsal | Nome                          | Sx   | PtoCat  | T_Oficial | RitmoKm  | Licenza | Club            | Localidade |
|-----|--------|-------------------------------|------|---------|-----------|----------|---------|-----------------|------------|
| 1   | 245    | IKER VELO BRANDÓN             |      | ALVM- 1 | 00:05:00  | 00:04:00 |         |                 | CARBALLO   |
| 2   | 243    | BRAIS GARCÍA PAMPIN           |      | ALVM- 2 | 00:05:30  | 00:04:24 |         |                 | ARTEIXO    |
| 3   | 244    | JULIA POSE CASTRO             | F- 1 | ALVF- 1 | 00:05:39  | 00:04:31 |         |                 | CARBALLO   |
| 4   | 238    | PAULA PETEIRO VAZQUEZ         | F- 2 | ALVF- 2 | 00:06:02  | 00:04:50 |         | RUNNING OLEIROS | ARANGA     |
| 5   | 239    | SARA RODRIGUEZ FRAGA          | F- 3 | ALVF- 3 | 00:06:02  | 00:04:50 |         | SARA            | CARBALLO   |
| 6   | 248    | MARTA PIÑEIRO MARTINEZ        | F- 4 | ALVF- 4 | 00:06:11  | 00:04:57 |         |                 | ESTEIRO    |
| 7   | 240    | VÍCTOR HUGO BARRIENTOS GARCIA |      | ALVM- 3 | 00:07:02  | 00:05:38 |         |                 | CEE        |

## IV CARREIRA PEDESTRE DO CONCELLO DE MALPICA, Malpica de Bergantiños 07/09/2019

BENXAMIN. Distancia: 740 m

| Pto | Dorsal | Nome                     | Sx    | PtoCat   | T_Oficial | RitmoKm  | Licenza | Club                                   | Localidade             |
|-----|--------|--------------------------|-------|----------|-----------|----------|---------|--|------------------------|
| 1   | 227    | BRAIS REY NEIRA          |       | BNXM- 1  | 00:02:57  | 00:03:59 |         |  | TEO                    |
| 2   | 203    | CARMEN SALVADO DIEGUÉZ   | F- 1  | BNXF- 1  | 00:02:58  | 00:04:00 |         | ACADE (ASOCIACIÓN DE CANS DEPORTISTAS) | SANTIAGO DE COMPOSTELA |
| 3   | 215    | IKER ROMAY GARCIA        |       | BNXM- 2  | 00:03:04  | 00:04:08 |         |  | MALPICA                |
| 4   | 233    | GERMAN GARCIA BELLO      |       | BNXM- 3  | 00:03:06  | 00:04:12 |         |  | CARBALLO               |
| 5   | 221    | VERA MARTÍNEZ RODRÍGUEZ  | F- 2  | BNXF- 2  | 00:03:10  | 00:04:17 |         |  | A CORUÑA               |
| 6   | 217    | IAGO BELLO RODRÍGUEZ     |       | BNXM- 4  | 00:03:12  | 00:04:19 |         |  | CORISTANCO             |
| 7   | 207    | AROA BARRIENTOS GARCIA   | F- 3  | BNXF- 3  | 00:03:16  | 00:04:24 |         |  | CEE                    |
| 8   | 206    | HUGO SEÑARÍS VILARIÑO    |       | BNXM- 5  | 00:03:17  | 00:04:26 |         | RUNNERS CARBALLO                       | CARBALLO               |
| 9   | 232    | MANUEL ANIDO POSE        |       | BNXM- 6  | 00:03:24  | 00:04:35 |         |  | A CORUÑA               |
| 10  | 235    | MATEO SUÁREZ GARRIDO     |       | BNXM- 7  | 00:03:29  | 00:04:43 |         |  | CARBALLO               |
| 11  | 236    | ÚRSULA SUÁREZ GARRIDO    | F- 4  | BNXF- 4  | 00:03:30  | 00:04:43 |         |  | CARBALLO               |
| 12  | 212    | CIBRAN FONDO VARELA      |       | BNXM- 8  | 00:03:33  | 00:04:48 |         |  | MALPICA                |
| 13  | 202    | LARA SANDE GERPE         | F- 5  | BNXF- 5  | 00:03:34  | 00:04:49 |         | A.D.MEDIADUCIA                         | CARBALLO               |
| 14  | 208    | JOEL GONZÁLEZ GARCÍA     |       | BNXM- 9  | 00:03:37  | 00:04:53 |         |  | CARBALLO               |
| 15  | 224    | MARCOS VARELA SUÁREZ     |       | BNXM- 10 | 00:03:37  | 00:04:53 |         |  | A CORUÑA               |
| 16  | 216    | DANIELLA COTELO OUSINDE  | F- 6  | BNXF- 6  | 00:03:42  | 00:05:00 |         |  | MALPICA                |
| 17  | 214    | NATALIA CANCELA CHOUCIÑO | F- 7  | BNXF- 7  | 00:03:46  | 00:05:05 |         |  | MALPICA-DE-BERGANTIÑOS |
| 18  | 222    | MONICA NOVO OUTEIRO      | F- 8  | BNXF- 8  | 00:03:47  | 00:05:07 |         |  | MALPICA DE BERGANTIÑOS |
| 19  | 204    | JARA MARTINEZ ALONSO     | F- 9  | BNXF- 9  | 00:03:53  | 00:05:15 |         | CAMPING SISARGAS                       | TALAVERUELA            |
| 20  | 223    | AITANA CASAL CASTRO      | F- 10 | BNXF- 10 | 00:03:56  | 00:05:19 |         |  | A CORUÑA               |
| 21  | 228    | NOA REY NEIRA            | F- 11 | BNXF- 11 | 00:03:57  | 00:05:20 |         |  | TEO                    |
| 22  | 225    | JUAN FONDO OURENS        |       | BNXM- 11 | 00:04:22  | 00:05:54 |         |  | A CORUÑA               |
| 23  | 237    | GAEL BLANCO DEL RÍO      |       | BNXM- 12 | 00:04:22  | 00:05:54 |         |  | MALPICA DE BERGANTIÑOS |
| 24  | 234    | DIEGO ABELLA CALVO       |       | BNXM- 13 | 00:04:25  | 00:05:58 |         |  | CORISTANCO             |
| 25  | 205    | FABIAN VILLAR FERREIRO   |       | BNXM- 14 | 00:04:32  | 00:06:07 |         | CAMPING SISARGAS                       | MALPICA                |
| 26  | 226    | JOSÉ FONDO OURENS        |       | BNXM- 15 | 00:05:38  | 00:07:37 |         |  | MALPICA                |
| 27  | 213    | DAVID CAMBÓN GARCÍA      |       | BNXM- 16 | 00:05:53  | 00:07:57 |         |  | MALPICA                |
| 28  | 219    | SANTIAGO VIDAL SUÁREZ    |       | BNXM- 17 | 00:06:27  | 00:08:43 |         |  | A CORUÑA               |
| 29  | 211    | ENZO BARCA RIVAS         |       | BNXM- 18 | 00:07:30  | 00:10:07 |         |  | CARBALLO               |